

pack2edit

Digital · Packaging · Development

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Allenasal®
Natural
Defence
Daily Nasal Spray

Read this information carefully before you start using Allenasal® Natural Defence Daily Nasal Spray.
DO NOT THROW THIS LEAFLET AWAY! It contains important information.

INDICATION

Allenasal® Natural Defence Daily Nasal Spray is indicated for treatment and prevention of allergic rhinitis symptoms.

CONTRAINDICATION

Allenasal® Natural Defence Daily Nasal Spray must not be used in the case of hypersensitivity to medEctoin® or any of the other ingredients of the device.
Allenasal® Natural Defence Daily Nasal Spray must not be used for patients below 3.5 kg bodyweight.

WHAT IS ALLENASAL NATURAL DEFENCE DAILY NASAL SPRAY AND WHAT IS IT USED FOR

Allenasal® Natural Defence Daily Nasal Spray is a medical device which contains medEctoin®, a natural cell-protective molecule with inflammation-reducing and membrane-stabilising properties.
Allenasal® Natural Defence Daily Nasal Spray supports the regeneration process of irritated nasal mucosa caused by allergens.
Allenasal® Natural Defence Daily Nasal Spray alleviates allergic symptoms like itchy and runny nose, sneezing and nasal congestion.
Allenasal® Natural Defence Daily Nasal Spray is free of preservatives, suitable for sensitive noses and has no habitation effect.
The efficacy of Allenasal® Natural Defence Daily Nasal Spray is clinically proven.

POSSIBLE SIDE EFFECTS OF ALLENASAL NATURAL DEFENCE DAILY NASAL SPRAY

If allergic reactions occur, the use of Allenasal® Natural Defence Daily Nasal Spray must be discontinued immediately.
Do not use the device if it is damaged or punctured.
To ensure safe hygiene, each nasal spray bottle is to be used by one person only.
Do not use for more than 3 months after opening.
Do not use after expiry date.
Keep out of reach of children.
If conditions persist or worsen, contact your healthcare provider.
If you have applied a higher amount of Allenasal® Natural Defence Daily Nasal Spray than you should, no negative effects are expected. If you are experiencing discomfort, please contact a doctor.

WHAT YOU NEED TO KNOW BEFORE USING ALLENASAL NATURAL DEFENCE DAILY NASAL SPRAY

Allenasal® Natural Defence Daily Nasal Spray is intended to be applied by the patient.
Allenasal® Natural Defence Daily Nasal Spray can be used at the same time as other medicated or non-medicated nasal sprays or remedies, if the instructions for use of the other product do not instruct otherwise.

HOW TO USE ALLENASAL NATURAL DEFENCE DAILY NASAL SPRAY

Always use Allenasal® Natural Defence Daily Nasal Spray according to these instructions for use. If not otherwise prescribed by your healthcare provider, please apply 1-2 sprays in each nostril several times a day.
Allenasal® Natural Defence Daily Nasal Spray is suitable for children with minimum bodyweight of 3.5 kg. For patients up to 10 kg bodyweight, a maximum of 10 applications per day must not be exceeded. Children of 10 years and younger and patients unable to use Allenasal® Natural Defence Daily Nasal Spray on their own should be assisted during the application.
Before using Allenasal® Natural Defence Daily Nasal Spray for the first time or if spray function is impaired, remove the protection cap and pump the bottle 2-3 times in upright position to release the air from the pump. Do not cut the tip!

- Gently blow your nose to clean your nostrils.
- Remove the protection cap from the bottle.
- Hold the bottle with your index and middle finger on either side of the finger rests and your thumb underneath the bottle. Bend your head slightly forward and close one nostril by gently pressing against the side of your nose with your finger.
- Insert the tip of the spray gently into your nostril. While pressing down the pump quickly and firmly, breathe in gently through the nose.
- Insert the tip into your other nostril.
- Repeat steps described above.
- Wipe the exposed tip of the bottle with a clean lint-free cloth.
- Replace the cap on the bottle.

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POSSIBLE SIDE EFFECTS OF ALLENASAL NATURAL DEFENCE DAILY NASAL SPRAY

Allenasal® Natural Defence Daily Nasal Spray is well tolerated. Up to now, no regularly occurring or persisting side effects are known. Please inform your healthcare provider, pharmacist and the distributor if you notice side effects that are associated with the use of Allenasal® Natural Defence Daily Nasal Spray.

HOW TO STORE ALLENASAL NATURAL DEFENCE DAILY NASAL SPRAY

The expiry date of Allenasal® Natural Defence Daily Nasal Spray is printed on the box and on the bottle. Allenasal® Natural Defence Daily Nasal Spray must not be used after the expiry date has passed. Store Allenasal® Natural Defence Daily Nasal Spray between 2 °C – 25 °C. The product can be disposed of as in normal household waste.

ADDITIONAL INFORMATION

If Allenasal® Natural Defence Daily Nasal Spray is used within its intended use, there is no evidence for a particular risk during pregnancy and breastfeeding. Should any serious incident related to Allenasal® Natural Defence Daily Nasal Spray occur, please report it to the manufacturer of the product at vigilance@bitop.de and to the government's health authority (MHRA).

CONTENT

20 mL solution.
One spray contains 0.14 mL solution.

Ingredients

2% medEctoin®, Sea Salt, Sodium Dihydrogen Phosphate, Di-sodium Hydrogen Phosphate, Water.

DISTRIBUTOR & MANUFACTURER

Importer/Distributor
Opella, 410 Thames Valley Park Drive, Reading, Berkshire, RG6 1PT, UK.
Manufacturer
bitop medical GmbH, Carlo-Schmid-Allee 5, 44263 Dortmund, Germany
This leaflet was revised in 05/2026.



Medical Device

SYMBOL DEFINITIONS:



Manufacturer



For re-use on a single patient



Keep out of reach of children (blue)



Lot Number



Do not use if the device is damaged or punctured



Please consider the instructions for use (blue)



Unique Device Identifier



Temperature limitation



Do not use for more than 3 months after opening



Medical Device



Use by date (Expiry date)



CE Mark with notified body number

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